

From the Nive to the Basque coast

All routes can be found in ►►
Available from tourist offices



LEV
1

VERY EASY

BESOINGO
BESOINGO



View of the village of Ahetze

This route will allow you to discover the agricultural and forested surroundings of the Besoingo stream.

D From the village square, take the RD655 towards Arbonne. Pass the water purification plant and bear right just after the bridge **1** 6163434-4807226, onto the small road leading to the fitness trail. 400 metres further along, turn left into a rising tarmacked path **2** 0616684-4807086. At the top of the hill, turn right **3** 0617527-4807011, and take the chemin Orgenbidéa (with the Rhune mountain in the distance).

0h15

On the left, there is the option to continue towards the fitness trail.

Pass the wooden bridge along the road suitable for motor vehicles **4** 0617149-4805952, and continue left, passing the log cabin, and enter the woods. After crossing the stream via the bridge **5** 0617347-4805491, go round the right side of the plot of maize. Take the original path on the left **4** and continue forward towards the RD655 following the signposts.

0h46

1h30



The bridge

LEV 1 VERY EASY **BESOINGO**
BESOINGO



D Ahetze village square

GPS : 6157204-4806879

1h30

Signposting

D TO 5

7 km

82 m

Not to be missed

- 17th century Saint-Martin church
- Lavoir near the village

AHETZE - AHETZE

An ancient stopping place for pilgrims travelling to Compostela, Ahetze is situated in a green setting surrounded by hills. The traditional sites to visit are the Labourdin houses and the 17th century Saint-Martin church, with its painted wooden altar piece and 16th century silver processional cross.

Decorated with small bells, the cross aroused the indignation of the councillor, de Lancre, during a witchcraft trial in 1609, as he considered it to be a diabolical object. Ahetze is the home of the bertsolari, Mattin Treçu, as the statue erected in his honour reminds us. Bertsolaritza, which involves poetry, singing and musical improvisation, has only been written down relatively recently and is one of the surviving oral traditions through which the Basque language is conveyed.



Saint-Martin church

Further information is available from:

Guéthary tourist office

Rue du Comte de Swiecinski - 64210 GUETHARY - Tel : 05 59 26 56 60

Fax : 05 59 54 92 67 - Mail : office@guethary-france.com - Web : www.guethary-france.com

TERRE ET CÔTE BASQUES

PAYS DE SAINT-JEAN-DE-LUZ - HENDAYE

RANDO 64 TREKKING GUIDES

on foot, by bike or by horse, discover Béarn and the Basque country!

CHOOSE THE RIGHT WALK

Levels

The change in altitude indicated in each guide represents the total increase. Times are calculated without stops.

Walking routes are classified by difficulty and are differentiated by colours in each route's practical guide. These classifications have been made following recommendations from FF Randonnée.

Very easy under 2 hours of walking
Ideal for families, using clearly marked paths.

Easy under 3 hours of walking
Can be done as a family. Follows footpaths,

with some more difficult parts.

Average under 4 hours of walking
For those with some walking experience. Contains some fairly challenging aspects or changes in altitude.

Difficult more than 4 hours of walking
For experienced walkers. Routes are long and/or challenging (steep ascents, difficult parts).

Walk times: The time taken to complete each route is given as a guide only, taking account of the length of the route, the change in altitude and any difficult aspects.



A local photo of footpath signposting

Signposting

Use the signposts to stay on the right track

Signposting	Regional and PR® footpaths	GR® footpaths
The right direction		
Turn left		
Turn right		
The wrong direction		

GR®, GRP® and PR® are registered trademarks of the Fédération Française de Randonnée Pédestre.

Walking labels

PR® routes:

A number of hiking trails are designated as PR® routes by the FF Randonnée in accordance with quality criteria. They are selected using environmental, tourist, technical and attractiveness criteria. (Further information is available at www.ffrandonnee.fr)

Your views on our footpaths - Ecovaille®

The routes we offer have been carefully selected. We would like to hear your opinions and observations about the state of the footpaths as this will enable us to ensure they are well maintained. We invite you to send us your comments by contacting the Syndicat Nive-Nivelle on 05 59 93 90 86

You can download an Ecovaille® observation form at www.rando64.com/ecovaille

GPS co-ordinates for routes

GPS co-ordinates for each stage of the route are provided for all routes.

The reference format is as follows:

WGS 84 - UTM 30T

Useful recommendations

Weather forecast 08 92 68 02 64

European emergency number 112

Visitors who use the Nive-Nivelle footpaths in the Southern Basque country are required to behave in a respectful manner towards the natural environment and the inhabitants of the area. It is important that certain rules are followed.

Taking care of nature

- Take a bag with you to carry your waste
- Ensure you respect the wildlife
- Stay on signposted footpaths

Taking care of yourself

- Do not set off without the necessary equipment
- Avoid walking alone
- Do not drink water from streams
- Make sure you are aware of weather conditions

Respecting local activities and inhabitants

- Make sure you close gates
- **Avoid walking with a dog. If you do have a dog with you, ensure it is kept on a lead at all times.**
- Starting fires is strictly forbidden
- Ensure you respect private property located near footpaths

Please note!

It is advisable to avoid certain routes during the wood pigeon hunting season (October and November) and the controlled burning season (December to March).

RANDO 64 TREKKING GUIDES

on foot, by bike or by horse, discover Béarn and the Basque country!