

From the Nive to the Basque coast

All routes can be found in ►►
Available from tourist offices



LEV
1

VERY EASY

PERUKAIN
PERUKAIN



Aerial view of Arbonne

This pleasant route alternates between meadows and woods. The nature of the vegetation implies that water is ever-present in the soil.

D Pass in front of the church. Take the Borda footpath and cross over the pont de Perukain ① 0617752-4809979.

Continue into the wood via a track, then take the footpath on the right ② 0618026-4810202. Continue through the meadow alongside a hedge concealing an ancient rural footpath.

Cross the little stream and follow a small forest path leading to a tarmac road. Turn left onto the road

0h24 ③ 0618157-480775. Follow the Larrondoia track and take in the views of the surrounding area. This track gradually descends towards an area containing charming houses, including Ziburria mill. Continue until you reach the crossroads, then take the tarmac road on the right, which climbs up towards the RD255.

1h00 When you reach the little chapel, turn right, and carefully make your way back to the village.



The little chapel

LEV
1

VERY EASY

PERUKAIN
PERUKAIN



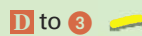
D Arbonne public school
car park

GPS : 0617226-4809881



1h00

Signposting




4,5 km



69 m

Not to be missed

- 12th century church
- Cemetery and disk-shaped steles
- Benoiterie
- Chapel

 Avoid this route during
the hunting season

THE BENOITERIES – ANDERESERORAENEA

A building provided by the commune located close to the church and cemetery, the benoiterie was occupied by the Benoîte (“andere-serora” in Basque) who was responsible for the general maintenance of the church (religious property and clothing). The Benoîte was also in charge of sounding the bell which, combined with prayer, was said to ward off the clouds and hailstones. One of the most characterful of these benoïteries can be found in the village of Arbonne.



La benoïterie

Further information is available from:

Guéthary tourist office

Rue du Comte de Swiecinski - 64210 GUETHARY - Tel : 05 59 26 56 60

Fax : 05 59 54 92 67 - Mail : office@guethary-france.com - Web : www.guethary-france.com

 **TERRE ET CÔTE BASQUES**

PAYS DE SAINT-JEAN-DE-LUZ - HENDAYE

RANDO 64 TREKKING GUIDES

on foot, by bike or by horse, discover Béarn and the Basque country!

CHOOSE THE RIGHT WALK

Levels

The change in altitude indicated in each guide represents the total increase. Times are calculated without stops.

Walking routes are classified by difficulty and are differentiated by colours in each route's practical guide. These classifications have been made following recommendations from FF Randonnée.

Very easy under 2 hours of walking
Ideal for families, using clearly marked paths.

Easy under 3 hours of walking
Can be done as a family. Follows footpaths,

with some more difficult parts.

Average under 4 hours of walking
For those with some walking experience. Contains some fairly challenging aspects or changes in altitude.

Difficult more than 4 hours of walking
For experienced walkers. Routes are long and/or challenging (steep ascents, difficult parts).

Walk times: The time taken to complete each route is given as a guide only, taking account of the length of the route, the change in altitude and any difficult aspects.



A local photo of footpath signposting

Signposting

Use the signposts to stay on the right track

Signposting	Regional and PR® footpaths	GR® footpaths
The right direction		
Turn left		
Turn right		
The wrong direction		

GR®, GRP® and PR® are registered trademarks of the Fédération Française de Randonnée Pédestre.

Walking labels

PR® routes:

A number of hiking trails are designated as PR® routes by the FF Randonnée in accordance with quality criteria. They are selected using environmental, tourist, technical and attractiveness criteria. (Further information is available at www.ffrandonnee.fr)

Your views on our footpaths - Ecovaille®

The routes we offer have been carefully selected. We would like to hear your opinions and observations about the state of the footpaths as this will enable us to ensure they are well maintained. We invite you to send us your comments by contacting the Syndicat Nive-Nivelle on 05 59 93 90 86

You can download an Ecovaille® observation form at www.rando64.com/ecovaille

GPS co-ordinates for routes

GPS co-ordinates for each stage of the route are provided for all routes.

The reference format is as follows:

WGS 84 - UTM 30T

Useful recommendations

Weather forecast 08 92 68 02 64

European emergency number 112

Visitors who use the Nive-Nivelle footpaths in the Southern Basque country are required to behave in a respectful manner towards the natural environment and the inhabitants of the area. It is important that certain rules are followed.

Taking care of nature

- Take a bag with you to carry your waste
- Ensure you respect the wildlife
- Stay on signposted footpaths

Taking care of yourself

- Do not set off without the necessary equipment
- Avoid walking alone
- Do not drink water from streams
- Make sure you are aware of weather conditions

Respecting local activities and inhabitants

- Make sure you close gates
- **Avoid walking with a dog. If you do have a dog with you, ensure it is kept on a lead at all times.**
- Starting fires is strictly forbidden
- Ensure you respect private property located near footpaths

Please note!

It is advisable to avoid certain routes during the wood pigeon hunting season (October and November) and the controlled burning season (December to March).

RANDO 64 TREKKING GUIDES

on foot, by bike or by horse, discover Béarn and the Basque country!